

2013 Summer Recreation



Softball
Track ~ Tennis
Basketball ~ Soccer
Martial Arts
Golf ~ Volleyball
Swimming
and more...

**Tuolumne County
Recreation Department**

Creating Community through People, Parks and Programs

How To Reach Us

43 North Green Street, Sonora

MAILING ADDRESS

2 South Green Street
Sonora, CA 95370

PHONE

(209) 533-5663

FAX

(209) 532-2502

WEBSITE

www.tcRecreation.com

SUMMER HOURS

8:00 am - 5:00 pm

Monday through Friday

Other Agencies

Girls' Softball - Tuolumne County Girls Fastpitch
Voice Mail 536-6304 or P.O. Box 4614, Sonora,
CA 95370 - www.tcgfastpitch.com

In-Line Hockey - High Country Sports Arena
.....588-0776

LITTLE LEAGUES

Regional site for all District 15 Little League
Teams

www.eteamz.com/cadist15/

Westside Little League - Donnie Wright

Djwright115@live.com.....928-4705

Areas: Tuolumne, Sonora Meadows, Camp Sun-
shine, Strawberry, Twain Harte, Soulsbyville,
Bellevue, Long Barn, Crystal Falls, Mi-Wuk Vil-
lage, Peter Pan, Cold Springs, Pinecrest and
Dodgeridge.

Westside Little League - Brent Loop

2looped@sbcglobal.net.....770-0214

Areas: Tuttletown, French Flat, Springfield,
Shaws Flat, Columbia, Big Oak Flat, Groveland,
Chinese Camp, Jamestown, Moccasin, Table
Mountain, Quartz, Keystone, Golden Hills, Jack-
sonville, Lake Don Pedro.

Tuolumne County Youth Football "Cowboys"

Brian Tarter.....770-5570

www.tcyfootballandcheer.com

Soccer - Tuolumne County Youth Soccer

www.tcys.net532-5425

<http://tcysoccer.org/>

Salvation Army532-4763

OUR STAFF

Maureen Frank.....Deputy County
Administrator

Eric Aitken.....Recreation Supervisor

Mike Chappell.....Recreation Supervisor

Sarah Garcia.....Activity Coordinator

Julie LandmanOffice Assistant

Justina ConesTiny Tots Coordinator

Robert Johnson.....Tuolumne Youth
Center Coordinator

John Propin.....Jamestown Youth
Center Coordinator

Mark Watts.....Groveland Youth
Center Coordinator

Mike RekoutisGroundskeeper II

Senior Youth Partnership P.M. Clubs533-5641

PARKS

Columbia State Park532-0150

Railtown 1897 State Historic Park984-3953

Tuolumne Park & Recreation District ...928-1214

Woods Creek Park (across from Fairgrounds)
.....533-5660

Heaven for Kids.....533-5660

LAKES

Don Pedro Marina1-800-392-2628

Camping Reservations852-2396

Moccasin Point Marina1-800-255-5561

Reservations989-2206

Lake Tulloch

Marina and Campground.....1-800-894-2267

New Melones Lake Camping536-9094

Marina785-3300

Tuttletown Recreation Area.....536-9094

MOTHERLODE FAIRGROUNDS.....532-7428

U.S. FOREST SERVICE OFFICES

Stanislaus National Forest (Camping)

Supervisors Office.....532-3671

Calaveras Ranger District.....795-1381

Groveland Ranger District962-7825

Mi-Wuk Ranger District586-3234

Summit Ranger District965-3434

YOSEMITE VALLEY VISITORS CENTER

.....372-0265 or 372-0299

CAMPGROUNDS1-800-436-PARK (7275)



Standard Park Sports Complex

18500 Standard Road • 533-2678 (Main Line) • 533-1071 (League Game Schedule Line)

Adult Softball

SUMMER LEAGUE: Sign up deadline Friday, May 24 - Play begins June 11, games played Monday - Friday depending on league (see schedule below).

LEAGUE FEE: \$516.00 per team*

- Please notice a \$14.75 per day late fee will be assessed to teams registering after May 24th. Entries accepted on a first-come, first serve basis. Space is limited.
- 10 player roster must be turned in with registration, first and last names.
- Players must sign release-roster and changes will be permitted up to a team's first game.
- Summer Slow Pitch: Twelve (12) game league including playoffs.

AWARDS: Sponsor plaques available upon request at cost.

INDIVIDUAL AWARDS: Championship team t-shirts.

***LATE FEES:** \$14.75 per day \$73.75 max.

Important Dates

May 6 - Summer Flyers/Registrations Out

May 13 - Summer Registration Opens

May 24 - **REGISTRATION CLOSES**

May 31 - LATE Registration Closes

July 2 - 5 - Softball Bye Week

June 3 - 7 - Schedules available at Standard Park or online (see below)

June 11 - Summer League Begins

August 30 - Regular league play ends

September 3 - 6

Summer League Playoffs - Championship T-Shirts (15) and engraved sponsor plaques/for 1st and 2nd place on request.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------|-----------------|---|----------------------------------|---|
| COED Overflow | COED Slow Pitch | Women's Slowpitch Men's 50+ Draft League | Men's F1 Men's F2 Men's F3 | Men's F1 Men's F2 Men's F3 Church |

All leagues subject to minimum and maximum enrollments.

CLASSIFICATION: Teams will be classified to division by the Recreation Department. Teams with the best league record and teams winning their division in 2012 should plan on competing in the next higher division in 2013. All other teams will be classified in the same division in which they competed in last season. Having upper division players on your roster could affect team classification.

NOTICE:

- STANDARD PARK is a Non Smoking facility. No smoking will be allowed beyond the entrance gate.
- Ice Chests, food containers, etc. are not allowed beyond the entrance gate.
- NO PETS allowed (including parking lot). Except where allowed by ordinance.



Adult Softball

FALL LEAGUE: Sign up deadline Friday, August 23 - Play begins September 16, games played Tuesdays and Thursdays ONLY depending on league (see schedule below).

LEAGUE FEE: \$301.00 per team*

- Please notice a \$14.75 per day late fee will be assessed to teams registering after August 23rd. Entries accepted on a first-come, first serve basis. Space is limited.
- 10 player roster must be turned in with registration, first and last names.
- Players must sign release-roster and changes will be permitted up to a team's first game.
- Fall Slow Pitch: Seven (7) game league including playoffs.

AWARDS: Sponsor plaques available upon request at cost.

INDIVIDUAL AWARDS: Championship team t-shirts.

***LATE FEES:** \$14.75 per day \$73.75 max.



Important Dates

August 5 - Fall Flyers/Registrations Out

August 12 - Fall Registration Opens

August 23 - **REGISTRATION CLOSES**

August 30 - LATE Registration Closes

September 9 - Schedules available at Standard Park or online (see below)

September 16 - Fall League Begins

October 29 & 31

Fall League Playoffs - Championship T-Shirts (15) and engraved sponsor plaques/for 1st and 2nd place on request.



Tuesday
COED Self Pitch*

Thursday
Men's F1
Men's F2
Men's F3

*Each team will pitch a maximum of three pitches to their own players.



Standard Park Billboard Rental

Have a business and need to get the word out to the public?

Rent Billboard space at Standard, Park.

With Little League, Adult Softball, Girls Softball, Soccer, and special events, over 100,000 people will see your sign!

Option 1: 1 year \$225.00

Option 2: 2 years \$10% discount

Standard Park Field Rental

Want to practice before the big game, put on a tournament or special event? Then rent a field or the entire park.

Rental rate varies depending upon event.

Adult Sports & Activities Calendar



Sonora MMA Fight Fit Program

"You don't have to be a fighter to train like one."

Location: Sonora MMA 78 S. Washington Street, Sonora
Materials suggested but not required.

Jump rope and boxing gloves. Sonora MMA will provide materials to share. Serious attendees who will take additional sessions are encouraged to purchase their own.

BONUS:
Receive a
free week pass
to Sonora MMA
upon completion
of each
session.

Fight Fit Boot Camp ...

Dates: May 13 - June 8 (4 weeks)

Days: Monday/Wednesday + 2 Saturdays

Time: 6:00 am - 7:00 am

FEE: \$80.00

Instructor: Luke and Kelly Bunnell. Body Rock style boot camp with goal setting and progress acknowledgement. Focuses on high intensity interval training exercises that can be performed outside of the gym. Promotes proper body mechanics.

Intermediate Boot Camp ...

Dates: July 8 - August 17 (6 weeks)

Days: Monday/Wednesday/Saturday · Time: 6:00 am - 7:00 am

OR

Days: Tuesday/Thursday/Saturday · Time: 9:30 am - 10:30 am

FEE: \$100.00

Instructor: To be announced. Traditional boot camp with goal setting. Focus on strengthening and toning as it relates to kickboxing/MMA. High intensity interval training with intermediate whole body exercises, further discussion on nutrition and continuation of MMA basics will be included. *Guest instructor - UFC fighter

Getting Started Boot Camp ...

Dates: June 17 - June 29 (2 weeks)

Days: Monday/Wednesday/Saturday · Time: 6:00 am - 7:00 am

OR

Days: Tuesday/Thursday/Saturday · Time: 9:30 am - 10:30 am

FEE: \$50.00

Instructor: To be announced. Goal setting, light fundamentals of body mechanics, and introduction to some MME basics, such as proper stance and punching/kicking form. Nutrition may also be discussed. The main focus will be on strengthening and toning using whole body exercises.

Advanced Boot Camp ... The Next Level

Dates: August 19 - August 31 (2 weeks)

Days: Monday/Wednesday/Saturday · Time: 6:00 am - 7:00 am

OR

Days: Tuesday/Thursday/Saturday · Time: 9:30 am - 10:30 am

FEE: \$50.00

Instructor: To be announced - UFC fighter or Last Stand Fight team member
Goal setting, high impact MME style conditioning with intense whole body exercises. Focus on extreme fitness. A great opportunity to learn from a current MME fighter.

Just the Right Time ...

Dates: June 3 - July 31 · FEE: \$100.00

Join one of our regularly scheduled classes.
Refer to class schedule for days and times.

Personal Training Available

Prices vary.

Contact Sonora MMA for details 533-3505

| Class | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------------|-------------------------------|--------------|-------------------------------|--------------|----------------|---------------|
| Instructional Kickboxing | 8:00-9:00 am | | 8:00-9:00am | | | |
| Brazilian Jiu-Jitsu Teens/Adults | 9:00-10:00 am 7:00-8:00 pm | 6:00-7:00 pm | 9:00-10:00 am 7:00-8:00 pm | 6:00-7:00 pm | | |
| Kids Jiu-Jitsu | | 5:00-6:00 pm | | 5:00-6:00 pm | | |
| Kids Kickboxing | 4:00-5:00 pm | | 4:00-5:00 pm | | | |
| Women's Lunch Express | 12:15-12:50 pm | | 12:15-12:50 pm | | 12:15-12:50 pm | |
| Women's Brazilian Jiu-Jitsu | | | | | | 9:00-10:00 am |
| Women's Kickboxing | 5:00-6:00 pm | 4:00-5:00 pm | 5:00-6:00 pm | 4:00-5:00 pm | | |
| Kickboxing Teen/Adult | 6:00-7:00 pm | | 6:00-7:00 pm | | | |
| Kajukenbo Teens/Adults | | 7:00-8:30 pm | | 7:00-8:30 pm | | |
| Open Gym | 8:00-10:00 am | | 8:00-10:00 am | | 5:00-7:00 pm | 9:00-10:00 am |

Sonora Summer Recreation

Age appropriate activities including:

Arts and crafts, outdoor activities, special guests, field trips, sports, group games and much more!
Games and activities will be tailored to each age group to ensure a fun experience for all.

Registration
Opens
May 20th

Morning Recreation

Time: 7:30 am - 12:30 pm



Children: 5 - 13 years old
Dates: June 10 - July 25 (7 weeks)
Days: Monday - Thursday (closed Fridays)
Location: Sonora High School Cafeteria
FEE: \$112 for Morning or Afternoon
or \$224 for both Morning and Afternoon
(when available)
10% discount for multiple family members

Afternoon Recreation

Time: 12:30 - 5:30 pm



Summer Youth Sports Calendar

Martial Arts Camp

Ages: 13+ -

Time: 9:45 am - 11:15 am

Ages: 6 - 12

Time: 11:30 am - 12:45 pm

Session 1: June 10, 12, 14, 17, 18, 19, 21

Session 2: July 8, 10, 12, 15, 17, 19

Session 3: July 29, 31 & August 2, 5, 7, 9

Days: Monday, Wednesday, Friday

Location: Mountain Storm Jujitsu

FEE: \$45.00

This camp focuses on mind, body, and spirit development through interactive classes incorporation martial arts, games, and techniques.

Registration
Opens
May 20th

Baseball Camp

Ages: 8 - 15

Time: 8:30 am - 12:00 noon

Date: June 24 - 28

Days: Monday - Friday

Location: Standard Park Sports Complex

FEE: \$75.00

Learn the fundamental individual skills of baseball such as throwing, fielding, pitching and catching as well as teamwork from Sonora High School JV Baseball Coach John Mager. This clinic is for both boys and girls and participants will be divided up into appropriate age divisions on the first day of the camp.



FREE!

Youth Track Meet

Ages: 1 - 14 years

Day/Date: Tuesday, June 25

Registration: 5:00 - 6:00 pm

Time: 6:15 - 8:30 pm

Location: Summerville High School Track and Field

Register at the track the day of the event! Join us or a free, fun day in the sun and enjoy watching your child show off their track and field skills. This is a family friendly event and open for all children ages 1-14. There will be face painting, fun activities, and food for sale. Don't forget to wear sunscreen and bring your camera. These are memories you will certainly want to capture and an event you don't want to miss!

Don't
Miss It!

Summer Youth Sports Calendar Continued

Basketball Clinic

Ages: 8 - 11

Time: 8:00 - 10:00 am

Ages: 12 - 18

Time: 10:00 - 12:00 noon

Date: June 17 - 20

Days: Monday - Thursday

Location: Sonora High School,
Bud Castle
Gymnasium

FEE: \$40.00

Learn the fundamentals of basketball for both boys and girls from Sonora High JV Boys' Basketball Coach Dan Dona.



Soccer Camp

Ages: 7 - 10

Times: 9:00 - 10:30 am

Ages: 11 - 13

Time: 10:35 - 12:00 noon

Ages: 14 - 18 (High School)

Time: 12:05 - 1:30 pm

Date: June 10 - 13

Location: Standard Park Sports
Complex

FEE: \$45.00

Increase basic skills and improve game strategy with Sonora High Boys' Varsity Soccer Coach Lloyd Longeway.



Golf Lessons

Ages: 6 - 10

Time: 8:00 - 9:00 am

Ages: 11 - 16

Time: 9:15 - 10:15 am

Session 1: June 24, 26 &
July 1, 3

Session 2: July 15, 17, 22 & 24

Days: Mondays/Wednesdays

Location: Mountain Springs Golf
Course

FEE: \$40.00 per participant, per
two week session

Participants ages 6 - 16 will learn the basics of golf including putting, driving, and course etiquette. Includes club rental and balls and a mini tournament the last day of class. The instructor will be PGA Golf professional Ray Claveran.



Volleyball Camp

Ages: 8 - 13

Time: 9:00 - 12:00 noon

Ages: 14 - 18

Time: 12:30 - 3:30 pm

Date: July 15 - 18

Location: Sonora High School
Bud Castle
Gymnasium

FEE: \$50.00 for the week

Learn the fundamentals of volleyball from Sonora High Girls' Varsity Volleyball Coach Kim Evans



ley and serving. Intermediate lessons focus on improved tennis strokes with emphasis on direction and technique. Also includes match play.



Youth Tennis Camp

Ages: 5 - 18

Beginner: 9:00 - 10:30 am

Intermediate: 10:30 - 12:00 noon

Session 1: June 24 - 28

Session 2: July 8 - 12

Days: Monday - Friday

Location: Sonora High School
Tennis Courts

FEE: \$33.50 per participant

Instructor Anoosh Davoudzadeh, a USPTA Level 1 certified professional. Twenty years of teaching experience and current Sonora High Boys' and Girls' Tennis Coach.

This camp focuses on the fundamentals of tennis. Beginner lessons include an introduction to game rules, basic forehand and backhand development, vol-



The Tuolumne County Recreation Department is not responsible for lost or stolen items. All fees and programs subject to change.

Sonora Tiny Tots

732 South Barretta Street, Sonora · 532-2058 · Time: 9:00 am - 12:00 noon

FEE: \$124.75 for Monday and Wednesday or Tuesday and Thursday

\$249.50 for all four days (when available) · 10% Discount for multiple family members

A preschool experience offering developmentally appropriate activities in social skills, arts and crafts, motor development, music, stories, and games. This program is offered to toilet trained children between the ages of 3 and pre-kindergarten. All children must be current on childhood immunizations. We request a copy of the child's record at time of registration.



2012 - 2013 Tiny Tots Calendar

| Registration Date | Session | Session Dates | Holidays Observed |
|-------------------------|---------|-------------------|------------------------|
| Lottery Held 5/13/13 | 6 | 5/20/13 - 6/27/13 | Memorial Day - 5/27/13 |
| Lottery Held 7/2/13 | 7 | 7/8/13 - 8/15/13 | |

2013 - 2014 Tiny Tots Calendar

| Registration Date | Session | Session Dates | Holidays Observed |
|--------------------------|---------|---------------------|--|
| Lottery Held 8/19/13 | 1 | 8/26/13 - 10/3/13 | Labor Day - 9/2/13 |
| Lottery Held 10/7/13 | 2 | 10/14/13 - 11/21/13 | Veteran's Day - 11/11/13 |
| Lottery Held 11/25/13 | 3 | 12/2/13 - 1/23/14 | Winter Break - <u>12/23/13 - 1/3/14</u> MLK Jr. Day - 1/20/14 |
| Lottery Held 1/27/14 | 4 | 2/3/14 - 3/13/14 | Presidents' Day - 2/10/14 & 2/17/14 |
| Lottery Held 3/24/14 | 5 | 3/31/14 - 5/8/14 | |
| Lottery Held 5/12/14 | 6 | 5/19/14 - 6/26/14 | Memorial Day - 5/26/14 |
| Lottery Held 6/30/14 | 7 | 7/7/14 - 8/14/14 | |



Tiny Tots Fundraiser

Day: Saturday, June 15th

Time: 10:00 am - 2:00 pm

Location: Standard Park, 18500 Standard Road, Sonora

FEE: \$3.00 per child · Children under 2 and adults are FREE!

This is a fundraiser for the Sonora Tiny Tots program where kids can come touch, climb on, sit in, and experience many of the trucks and vehicles they see in their everyday life, such as fire trucks, tractors, busses, ambulances, and more.

*For more information contact the
Tuolumne County Recreation Department at
(209) 533-5663 or Sonora Tiny Tots at (209) 533-2058.*

All fees and programs subject to change



County Pools

Columbia Pool

Columbia
Elementary School
(Enter off of Airport Road)
532-3656

Sonora Pool

Sonora High School
532-0441

Tuolumne Pool

18640 Main Street
(Across from Town Park)
928-3932

Twain Harte Pool

23075 Fuller Road
(Next to Post Office)
586-1842

Pool Hours

Recreational Swim

Columbia:

Monday - Saturday 1:00 - 5:00 pm
(Closed Sundays)
Season opens June 7
Season closes August 10

Sonora:

Sunday - Friday 1:00 - 5:00 pm
(Closed Saturdays)
Season opens June 7
Season closes August 11

Tuolumne:

Monday - Saturday 1:00 - 5:00 pm
(Closed Sundays)
Season opens June 7
Season closes August 10

Twain Harte:

Monday - Saturday 1:00 - 5:00 pm
(Closed Sundays)
Season opens June 7
Season closes August 3

Additional Programs:

Family Night

*Evenings set aside for family
to enjoy the pool.*

Columbia:

Saturdays 6:00 - 9:00 pm

Sonora:

Sundays 6:00 - 9:00 pm

Tuolumne:

Fridays 7:30 - 10:00 pm
Saturdays 6:00 - 9:00 pm

Twain Harte:

Fridays 7:30 - 10:00 pm
Saturdays 6:00 - 9:00 pm

FEE: \$7.25 Per Family
Maximum of two parents/guardians
(must be over 18) and
5 children under 18.

Pools
Open
June 7th



Pool Fees

| | |
|-----------------------------|------------------------|
| 3 - 13 (Child) | \$2.00 |
| Ticket Book (25 admissions) | \$40.00 |
| 14 - 17 (Teen) | \$2.25 |
| Ticket Book (25 admissions) | \$45.00 |
| 18 - 54 (Adult) | \$2.75 |
| Ticket Book (25 admissions) | \$55.00 |
| 55+ (Senior) | \$2.00 |
| Ticket Book (25 admissions) | \$40.00 |
| Family* | \$7.25 |
| Lap Swim | Regular Admission Rate |

*Family = Maximum of two
parents/guardians (must be over 18) and
5 children under 18.

Discount books available at all pools and at
the Recreation Department main office.

Non-swimming parent admitted **FREE** with
paid child. **Children under 3 admitted
FREE with paid supervising and swimming
adult.**

All fees and programs subject to change

Standard Red Cross Swimming Lessons

Parent & Child - Infants and toddlers. Parent must accompany the child. Will develop a comfort level in and around the water and a readiness for learning to swim.

Tiny Tots - Pre-school ages (must be toilet trained and ready to be away from parent). No previous lessons required. Will be introduced to Level 1 skills.

Level I: - Must have completed kindergarten and be reasonably comfortable in the water. Will learn to submerge, basic breath control, supported floating, arm movement, kicking, independent entry and exit and water safety.

Level II: - Must be able to perform, Level I skills. Will learn retrieval of underwater objects, unsupported floating, rhythmic breathing, gliding and kicking, beginning front and back stroke.

Level III: - Must be able to perform Level II skills. Will learn deep water skills, coordinated front and back crawls, elementary backstroke and treading water.

Level IV:- Must have passed Level III. Will learn elementary backstroke and sculling. Will be introduced to breaststroke, side stroke, turns and more.

Level V: - Must have passed level IV. Will refine sidestroke, breaststroke, begin learning butterfly and more.

Level VI: - Must have passed Level V. Will improve endurance, learn advanced turns, surface dives, pre-lifeguarding skills and more.

Lesson Schedule

| | COLUMBIA | SONORA | TUOLUMNE | TWAIN HARTE |
|--|--|--|--|---|
| PARENT CHILD | 12:00 noon | 12 noon, 5:30 pm | 12 noon, 5:30 pm | 12 noon |
| TINY TOTS | 11:30 AM, 12 noon | 10:30 am, 12 noon 5:30 pm | 10:15 am, 11:30 am 12 noon, 5:30 pm | 11:00 am, 12 noon 5:30 pm |
| LEVEL I, II & III *(See note below) | 10:15 am, 11:00 am 5:30 pm, 6:00 pm | 10:00 am, 11:00 am 6:00 pm, 6:30 pm | 9:45 am, 11:00 am 11:30 am, 6:00 pm | 9:45 am, 10:15 am 11:30 am, 6:00 pm 6:30 pm |
| LEVEL IV | 9:45 am, 11:30 am, 6:30 pm | 11:30 am, 5:30 pm | 10:15 am, 6:30 pm | 11:00 am, 5:30 pm, 7:00 pm |
| LEVEL V | 9:45 am, 11:30 am, 6:30 pm | 11:30 am | 10:15 am, 6:30 pm | 11:00 am, 5:30 pm, 7:00 pm |
| LEVEL VI | 9:45 am, 6:30 pm | 11:30 am | 10:15 am, 6:30 pm | 5:30 pm, 7:00 pm |

*Levels I, II & III are taught concurrently, participants are divided according to skill level on the first day of class.

Lesson Registration

Session 1 Session 2 Session 3
June 10 - June 20 July 1 - July 11 July 22 - August 1

Each lesson is 30 minutes per day.
Lessons are taught Monday - Thursday.

FEE: \$28.75 per two week session.
Minimum 3 students per class.

Please see lesson schedule for locations, dates, and times.

Register for Tuolumne Swim Lessons - on Monday, June 3rd
at the Tuolumne Pool from 7:00 - 8:00 pm

Register for Sonora and Columbia Swim Lessons - on
Tuesday, June 4th at the Sonora High School Pool from 7:00 -
8:00 pm

Register for Twain Harte Swim Lessons - on Wednesday,
June 5th at the Twain Harte Pool from 7:00 - 8:00 pm

VISA/Mastercard accepted at June 3, 4 and 5 registration.

You may also register at the pool starting June 7th during afternoon
Recreation Swim hours, space permitting.



All fees and programs subject to change

Lap Swimming

Lanes reserved for Lap Swimming

Sonora Pool:

Starts: June 7
Days: Mondays, Wednesdays, and Fridays
Time: Noon - 1:00 pm
FEE: Senior/Child \$2.00,
Teen \$2.25, Adult \$2.75

Tuolumne Pool:

Starts: June 11
Days: Tuesdays, Thursdays
Time: 8:15 - 9:30 am
FEE: Senior/Child \$2.00,
Teen \$2.25, Adult \$2.75



Additional Aquatics Classes

Adapted Aquatics

Dates: June 24 - 28 & July 15 - 19
Days: Monday - Friday
Time: 10:00 - 11:00 am
11:00 - 12:00 noon
Location: Sonora Pool
FEE: \$28.75 per one week session
Classes for physically and mentally challenged students of all ages.

Lifeguarding

Dates: June 22 - 30
Time and Location: TBA
FEE: \$153.75 includes Red Cross Fee and all materials.
Red Cross Lifeguard training including CPR/AED for the Professional Rescuer, Standard First Aid, and Lifeguarding. Includes all materials and books.

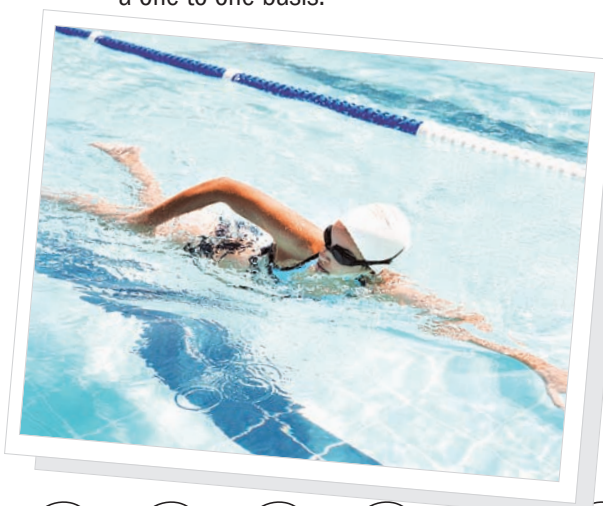
Lake Don Pedro Area Lessons

Dates: June 24 - 28 & July 15 - 19
Days: Monday - Friday
Time: Levels I, II, III
9:00 - 9:50 am,
10:00 - 10:50 am
Levels IV, V & VI
10:00 - 10:50 am
Location: Hacienda Pool
FEE: \$28.75
Register at the Hacienda on Friday, June 7 at 7:00 pm. Mail-in registrations accepted after June 7.

Private Lessons

Date, time, and location by appointment at the pool, subject to availability.
FEE: \$49.50 per hour per person
Standard Red Cross swim lessons taught on a one to one basis.

Enjoy
Your Local
Pools



Fun Water Activities



Water Carnivals

Enjoy a fun filled day of games, relays, and other exciting water activities for children of all ages.

Dates: Twain Harte Pool • Tuesday, June 25
Columbia Pool • Thursday, June 27
Tuolumne Pool • Tuesday, July 16
Sonora Pool • Thursday, July 18

Time: 1:00 - 3:00 pm

FREE!

Aquatic Fitness

Tuolumne Pool: June 11 - August 8
Days: Tuesday and Thursday
Time: 8:15 - 9:30 am
Instructor: Terri Neher

Columbia Pool: June 10 - August 8
Days: Monday, Tuesday, Wednesday, Thursday
Times: 7:00 - 8:00 pm
Instructor: Kathy Mouser

Twain Harte Pool: June 10 - August 7
Days: Monday and Wednesday
Time 8:30 - 9:30 am
Instructor: Kathy Mouser

FEE: \$4.00 per class • Aquatic Fitness Ticket Book (10 admissions): \$32.00

Swim Club

Age Groups & Times:

Ages 7 to 10: 8:00 - 9:00 am

Ages 11 & up: 9:00 - 10:00 am

Date: June 10 - August 2

Days: Mondays through Fridays

Location: Sonora Pool

Swim Club practices will focus on all aspects of competitive swimming skills. There will be two practices each morning based on age groups: the 7 - 10 year olds first, followed by the 11 and up age group.

FEE:
\$45.00
For entire
season!



Pool Rental

Looking for a fun filled place to have a birthday party, company picnic, reunion, or any other special occasion? Why not rent one of Tuolumne County's four pools!! All rentals include lifeguard staff and picnic areas. Organized activities available upon request and availability.

Advance reservation required.

Call the Recreation Department for dates and times available at 533-5663.

FEE: \$50.00 per hour with a \$20 non-refundable deposit. \$20 will go towards rental fee.

All fees and programs subject to change

Youth Centers

Tuolumne County offers three Youth Centers, one in Groveland, Jamestown and Tuolumne. Each center is open for youths ages 8 - 18. They offer a variety of games and activities like air-hockey, pool, ping-pong, crafts and field trips. As well as being an exciting and fun place to spend the day, the Youth Centers provide mentoring, crisis intervention, tutoring, job training/assistance and community service opportunities. If you have never visited one of these Youth Centers, please stop by and see what we are all about. Parents are welcome to tour the facility and meet our staff.

Groveland Youth Center

18950 Hwy 120 • 962-7263

Summer Hours: Tuesday - Saturday 11:00 am - 5:00 pm

Upcoming Trips: Boomers in Modesto, movie theater, swimming, BBQ, hiking at Pinecrest Lake, and Rocket Boat trip in San Francisco!

Jamestown Youth Center

10540 7th Street • 984-4188

Summer Hours: Tuesday - Saturday 11:00 am - 5:00 pm

Upcoming Trips: Boomers in Modesto, movie theater, swimming, BBQ, hiking at Pinecrest Lake, and Rocket Boat trip in San Francisco!

Tuolumne Youth Center

18636 Main Street • 928-4527

Summer Hours: Tuesday - Saturday 11:00 am - 5:00 pm

Upcoming Trips: Boomers in Modesto, swimming, BBQ, Raging Waters, S.F. Academy of Sciences Museum, hiking at Pinecrest Lake!



Senior Recreation Program

For Adults Ages 50+

Day/Date: Mondays 9:00 am - 12:00 noon

Location: Tuolumne Youth Center

This program offers many fun recreational opportunities. Join us every Monday for a game of pool, table tennis, air-hockey and more. For those looking for something different, this program also offers unique craft projects, computer assistance, guest speakers and more. Join us once a month for a potluck brunch. For dates and times of each special activity, view the event calendar on the Recreation Department's website, or better yet, stop in and pick one up next Monday!



Youth Center Fundraisers & Activities



Family Portraits

Date: Saturday, June 22

Time: 9:00 am - 1:00 pm

Location: Columbia State
Historic Park
(corner of Pacific and
Columbia)

FEE: \$45.00

Sitting includes 20 minute photo session and CD of photo session. Notice photo prints are not included. Call to schedule your photo session (209) 533-5663.

Appointments
fill up
quickly
so call today!

Pancake Breakfast

Date: Saturday, May 18

Time: 8:00 am - 10:00 am

Location Sonora Applebees

FEE: \$6.00 per person

Breakfast includes three fluffy pancakes, two slices of Applewood smoked bacon, and a non-alcoholic beverage of your choice. You will be served by our local youth and all of the proceeds go toward funding your Youth Center Programs.

Only
\$6.00
Per Person



Youth Center Activities

BBQ at Knights Ferry
June 12

Regal Cinemas
Sonora Stadium 10
June 26

Boomers - July 3

Swimming at Sonora Pool - July 24

For more
information
call any one
of the three
youth
centers!

Do Not Use This Form For Swim Lessons

Tuolumne County Recreation Department Program Registration and Liability Release

Please Print

Participant Information

| | | | |
|---|---|-------------------|------------------|
| Name _____ | Grade _____ | Age _____ | Birth Date _____ |
| Physical Address _____ | City _____ | Zip _____ | |
| Mailing Address (If Different) _____ | City _____ | Zip _____ | |
| E-mail Address _____ | <input type="checkbox"/> Please DO NOT add me to your mailing list | | |
| Home Phone _____ | Day Phone _____ | Other Phone _____ | |
| Doctor _____ | Emergency Phone _____ | | |
| (Phone Number, Name, Relation to Participant) | | | |

Medical _____
(Examples: Allergies, Medications, Special needs and/or accommodations)

Please complete the following registration information

| | |
|------------------------|----------------------------|
| Program/Trip _____ | PLEASE GROUP ME WITH _____ |
| Date of Activity _____ | _____ |
| Program/Trip _____ | PLEASE GROUP ME WITH _____ |
| Date of Activity _____ | _____ |
| Program/Trip _____ | PLEASE GROUP ME WITH _____ |
| Date of Activity _____ | _____ |
| Program/Trip _____ | PLEASE GROUP ME WITH _____ |
| Date of Activity _____ | _____ |

☐ Please **DO NOT** take photos of my child for the purpose of posting on your website or any other public advertising.

I am aware that this activity is a potentially dangerous activity and involves certain risks including, but not limited to risks from body contact, falls and collisions, physical confrontation with fellow participants and/or non-participants, carelessness, auto accidents, contact with equipment, weather conditions and communicable diseases, heat exhaustion, drowning, ear infection, eye and skin irritation, motion sickness, stolen property, food poisoning, risks from physical exhaustion.

I understand these risks and ON BEHALF OF MYSELF, OR MY CHILD, OR WARD, I AGREE TO INDEMNIFY AND RELEASE TUOLUMNE COUNTY, ITS OFFICERS, VOLUNTEERS, AGENTS AND EMPLOYEES AND ALL SPONSORS FROM ALL LIABILITY, CLAIMS, DAMAGES, AND ACTIONS, AND RELATED COSTS AND EXPENSES (INCLUDING REASONABLE ATTORNEYS FEES), THAT MAY ARISE OUT OF MY OR MY CHILD OR WARD'S PARTICIPATION IN THIS ACTIVITY.

As a participant or parent/guardian, I hereby consent to emergency treatment for myself or my child or ward as a result of accident or injury. I further agree to pay any and all costs incurred as a result of said treatment.

I have fully read this LIABILITY RELEASE, including the Participation Behavior and Refund Policies. Furthermore, I HAVE EXPLAINED THE SIGNIFICANCE OF THIS RELEASE OF LIABILITY TO MY CHILD OR WARD.

| | | | |
|---|--|---------------------------------------|---|
| Signature of Parent/Guardian or Participant, if over 18 _____ | | Printed Name of Parent/Guardian _____ | Date _____ |
| Register at the: Located at: | Recreation Department Office 43 North Green Street Sonora, CA 95370 Tel: (209) 533-5663 | Mailing Address:: | Tuolumne County Recreation Department 2 South Green Street Sonora, CA 95370 |

To Register by Mail: Complete the Registration/Liability Release form and mail to the above address with your check or money order made payable to Tuolumne County Recreation Department (TCRD). Please include a self-addressed, stamped envelope for return of your registration confirmation and receipt. **All registrations are subject to space available at the time your registration form is received by the recreation Department.**

| | | | | |
|----------------|-----------------|------------|----------------|-----------------------|
| Activity _____ | Amount \$ _____ | Cash _____ | Check # _____ | Receipt # _____ |
| Activity _____ | Amount \$ _____ | MC _____ | VISA _____ | Auth # _____ |
| Activity _____ | Amount \$ _____ | Date _____ | Record # _____ | By _____ |
| Activity _____ | Amount \$ _____ | | | Total \$ _____ |

Please bring appropriate clothing and/or equipment for the activity; i.e., hat, gloves, jacket, swimsuit, sun-protection, footwear, lunch, snacks, spending money, medication. Medications, including motion sickness preventatives, **WILL NOT** be dispensed or held by any Recreation Department personnel.

PARTICIPANT BEHAVIOR POLICY: The following policies are in place to ensure the safety of participants, Recreation Department staff, and the general public.

- Participants must follow instruction given by staff and counselors.
- Disrespect of any kind will not be tolerated.
- No chewing tobacco.
- No smoking.
- No alcohol.
- No refunds given for late arrivals. Transportation will leave at designated times.

- Minors must remain with counselor until released to the custody of parent/guardian.

Participants not following the above rules may not be allowed to participate in future Recreation Department activities. In addition, parents may be contacted and asked to pick up the participants early, regardless of the activity location.



Our Vision ...

What we strive for:

We Create Community through
People, Parks and Programs

Our Values ...

What we want to be known for:

- Accessibility
- Being inclusive
- Diversity of experience
- Spirituality
- Service to community
- Environmental stewardship
- Personal development
- Healthy lifestyles
- Personal growth
- Lifelong learning
- Fun and celebration

Our Mission ...

What we do:

- Foster human development
- Promote health and wellness
- Increase cultural awareness
- Facilitate community problem solving
- Protect natural resources
- Strengthen safety and security
- Strengthen community image and sense of place
- Support economic development
- Build friendships